



MOLLY KENNEDY

SPEAKER | AUTHOR
IRONMAN TRIATHLETE | MOUNTAIN CLIMBER
MOLLYKENNEDYSPEAKS.COM

SPEAKER INTRODUCTION

For more than 26 years, Molly Kennedy has been educating and empowering people to be even more resilient and successful.

Molly is an award-winning international speaker and author. She was the 3rd leading scorer in Western New York history for girl's basketball, she's a bodybuilding champion, an Empire State Games Gold Medalist in Olympic weightlifting, has finished a full Ironman Triathlon (140.6 miles), completed multiple marathons, jumped out of a plane twice, walked across fire twice, climbed all of New York State's highest 46 mountains and climbed the equivalent of Mt. Everest in 32 hours.

But her proudest accomplishment will come today if she is taller than just one person here!

Let's get ready to learn how to Create the Champion WITHIN!

This keynote is NOT a one and done. Get ready to hear and take action on a message that will stick to your ribs.

Please welcome Molly Kennedy!